Embracing Inner Wholeness: Empowering Women's Authentic Journey to Self-Fulfillment and Balance, Beyond Societal Expectations



Rebecca Minkoff Fashion Industry Leader,

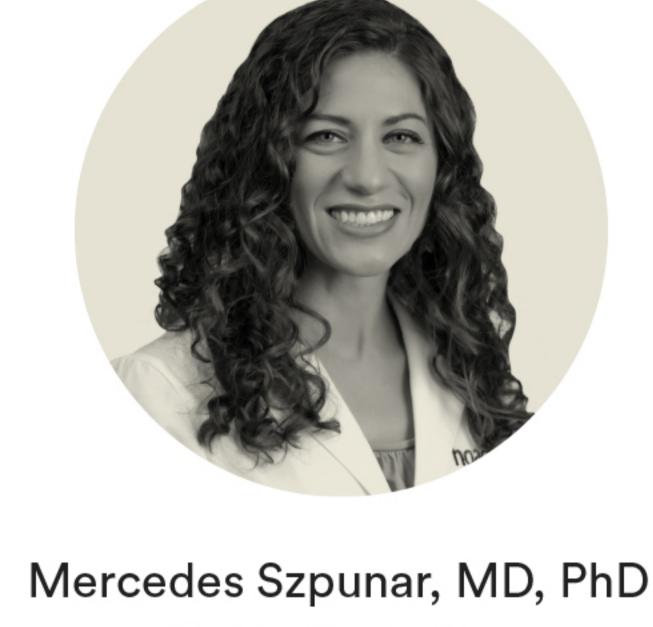
Host of Superwomen with Rebecca Minkoff Podcast, Founder of Female Founder Collective, and Author

Interactive Panel Discussions

Shattering Stigmas, Nurturing Minds: A Comprehensive Exploration of Women's Mental Health Across Life's Transitions



Wellness Consultant, Hoag Women's Health Institute



Physician Director, Hoag Maternal Mental Health Program



Family Medicine, Hoag

A Candid Conversation on Sexual Health

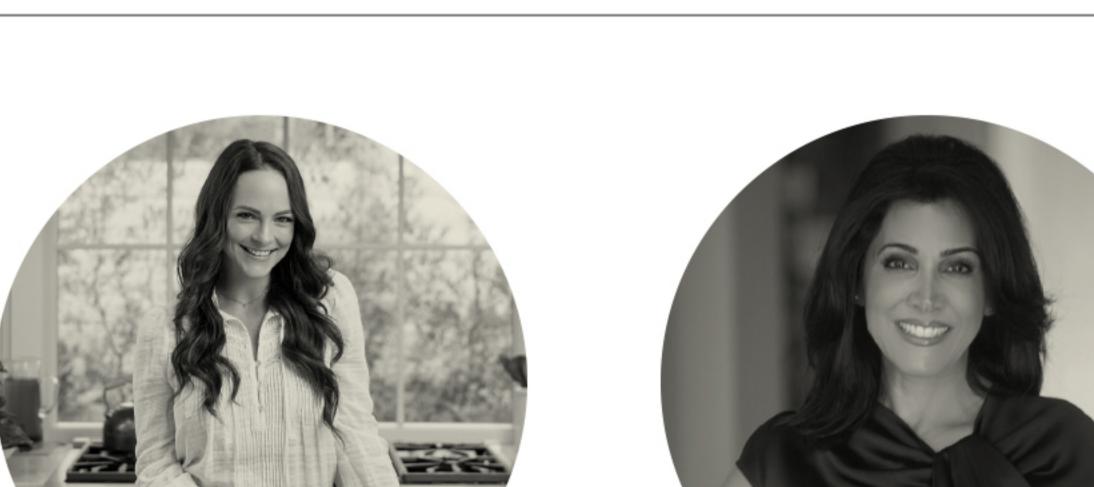
Breaking Barriers, Empowering Desires:



Judy Wei, MD Obstetrician & Gynecologist, Hoag

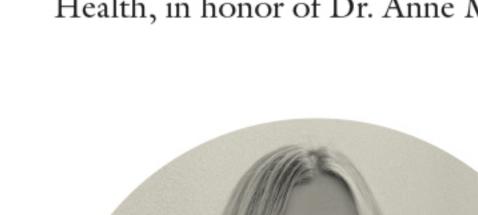


Healthy Aging Inside and Out



Unveiling the Secrets to Radiant Health:

Kelly LeVeque Founder of Be Well by Kelly, Celebrity Nutritionist, Wellness Expert, and Best-Selling Author

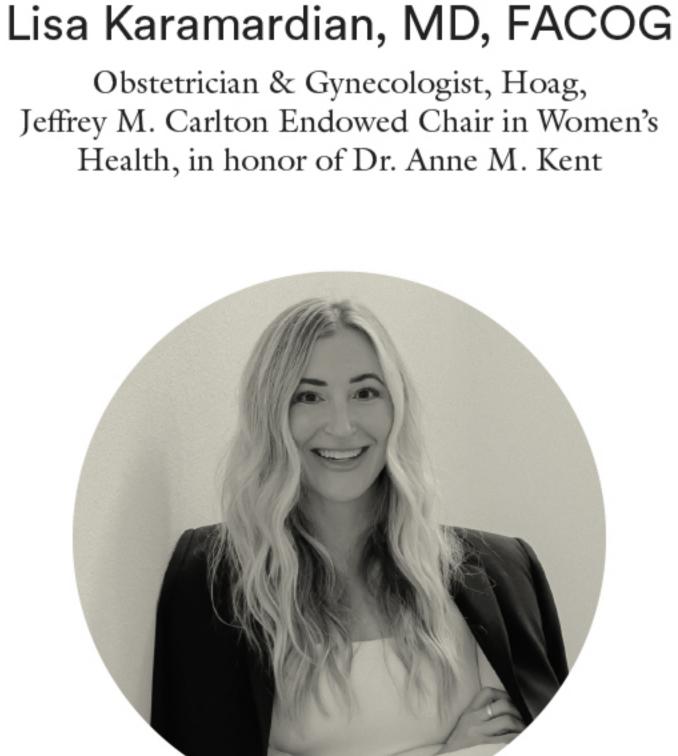




Elizabeth Raskin, MD Surgical Director,

Margolis Family Inflammatory

Bowel Disease Program, Hoag



Shawna Jones, PA-C

Aesthetic Injector, SkinSpirit Newport Beach, National Trainer, Allergan Medical Institute

